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SOPAC - Site License 12/05/2019 - 7:15 PM
2019 Sydney Open Meet - 10/05/2019 to 12/05/2019

Event 34 Men 400 LC Meter IM

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NSW: @ 4:15.20 27/03/2004JUSTIN NORRIS, BHP Hunter
NSW A/C: # 4:11.76 17/09/2000TOM DOLAN, USA
WORLD: ! 4:03.84 10/08/2008MICHAEL PHELPS, USA
AUSTRALIAN: % 4:10.14 3/05/2013 THOMAS FRASER-HOLMES, MIAMI
AUST A/C: ^ 4:06.22 1/04/2007 MICHAEL PHELPS, USA
COMMONWEALTH: \$ 4:09.62 30/07/2017MAX LITCHFIELD, GREAT BRITAIN
Meet Qualifying: 5:03.00

Name	Age Team	Seed	Finals
1 FRASER-HOLMES, THOMAS	27 GUSC	4:14.00	4:18.69
r:+0.56 26.08	56.85 (30.77)		
1:29.70 (32.85)	2:01.78 (32.08)		
2:39.26 (37.48)	3:17.18 (37.92)		
3:48.68 (31.50)	4:18.69 (30.01)		
2 LEE, SE-BOM	17 UTS	4:22.73	4:21.20
r:+0.55 27.30	59.03 (31.73)		
1:31.94 (32.91)	2:04.37 (32.43)		
2:42.19 (37.82)	3:19.64 (37.45)		
3:51.12 (31.48)	4:21.20 (30.08)		
3 ELLIOTT, TOMAS	24 UTS	4:17.91	4:32.33
r:+0.66 27.70	59.64 (31.94)		
1:35.08 (35.44)	2:10.04 (34.96)		
2:48.24 (38.20)	3:27.17 (38.93)		
4:00.02 (32.85)	4:32.33 (32.31)		
4 PEREGRINA, THOMAS	19 MQU	4:33.61	4:40.91
r:+0.42 28.65	1:02.40 (33.75)		
1:39.79 (37.39)	2:16.08 (36.29)		
2:56.16 (40.08)	3:37.35 (41.19)		
4:09.95 (32.60)	4:40.91 (30.96)		
5 MITCHELL, ELLIOTT	20 QUT	4:36.00	4:43.76
r:+0.47 28.70	1:02.49 (33.79)		
1:38.62 (36.13)	2:14.13 (35.51)		
2:55.41 (41.28)	3:37.44 (42.03)		
4:10.73 (33.29)	4:43.76 (33.03)		
6 LE PECHOUX, ERWAN	19 TU	4:39.26	4:46.60
r:+0.62 28.24	1:00.89 (32.65)		
1:38.95 (38.06)	2:15.60 (36.65)		
2:57.43 (41.83)	3:39.69 (42.26)		
4:14.11 (34.42)	4:46.60 (32.49)		
7 BROWN, FREDERICK	19 ABBT	4:48.82	4:54.61
r:+0.56 28.76	1:03.42 (34.66)		
1:42.37 (38.95)	2:20.76 (38.39)		
3:03.80 (43.04)	3:47.76 (43.96)		
4:21.52 (33.76)	4:54.61 (33.09)		
8 YIP, JAMES	20 AU	5:00.37	5:01.85
r:+0.68 31.91	1:09.21 (37.30)		
1:49.84 (40.63)	2:30.13 (40.29)		
3:12.36 (42.23)	3:56.24 (43.88)		
4:30.06 (33.82)	5:01.85 (31.79)		
-- SMITH, BRENDON	18 LTU	4:14.90	SCR
-- COX, CHARLES	19 SYDO	4:32.84	SCR
-- SUDLOW, ADAM	18 UWA	4:44.93	SCR
-- HENDERSON, FERGUS	18 WOYW	4:53.21	SCR
-- THOMAS, CALLUM	15 THIL	4:57.26	SCR